



14-25 and living in Nottingham and Nottinghamshire?

Opinions about mental health?

MH:2K needs you!

- Join a new youth-led project on mental health
- Discuss issues with experts and decision-makers
- Help other young people to have a voice
- Develop leadership skills and gain valuable experience

Applications by **12th October 2017**.

For more info and how to apply go to

www.leaders-unlocked.org/mh2k

Any questions? Contact Kaytea@leaders-unlocked.org